



# CHECKLIST

Before going on a long road trip, it can be overwhelming trying to remember everything you need to pack. Outside of travel items, it's also a good idea to make sure your vehicle is in good working order and you have what you need in case of an emergency.

Follow the checklist below to ensure a safe & fun ride!

## VEHICLE CHECKS (MAY REQUIRE A MECHANIC)

- Check the oil
- Check tire pressure
- Check spare tire
- Check battery
- Check brakes
- Check suspension
- Check your fluids (cooling & wiper)
- Check transmission & fluid
- Check wipers
- Check belts & filters
- Check wheel rotation & alignment

## ITEMS TO BRING FOR YOUR VEHICLE

- Extra set of keys
- Jumper cables
- Emergency roadside kit
- First aid kit
- Spare phone battery or external charger
- Map
- Proof of insurance & roadside assistance
- Car registration
- Drinking water & non-perishable foods
- Flashlight
- Extra fuses

## TRAVEL ITEMS

### Travel Information

- Flight tickets or Confirmation #
- Travel insurance documents
- Business cards
- Cash/ Credit cards/ Debit card/
- Driver's license
- Emergency numbers/ Embassy address
- Passport/ Visa/ Birth certificate (if applicable)
- Pre-paid phone card
- Medical information
- Vaccination documents and copies of prescriptions
- Itinerary
- Travel Guide(s)
- Journal/ Notebook and pen

### Medicine

- Immodium
- Antacid
- Band-Aids
- Benadryl
- Insect repellent
- Contact lens solution/case
- Anti-itch cream
- Extra pair of eyeglasses
- Motion sickness remedy
- Laxative
- Analgesic - Ibuprofen, Tylenol etc.
- Prescription medications
- Vitamins/ Herbal remedies
- Sunscreen

### Odds & Ends

- Toys / Games for the kids
- Snacks
- Cooler
- Bottled Water
- Gum
- Paper Towels
- Disinfectant Spray
- Toilet Paper
- Kleenex
- GPS
- Car Charger
- CDs / iPod & Charger
- Cellphone & Charger
- Camera, charger, extra chip/film
- Laptop/tablet and charger
- Small sewing kit/safety pins
- Crazy Glue
- Mini duct tape
- Luggage locks
- Plastic Zip-Loc bags
- Garbage bags
- Playing cards/ Crib board/ Dice
- Q-Tips
- Ear plugs
- Sports gear
- Umbrella
- Reading material
- Tweezers/ Nail clippers
- Small mirror
- Eyeglass repair kit/ Lens cloth

### Personal Items

- Underwear
- Shoes & Socks
- Pants
- Shirts
- Belts
- Hat
- Sleep wear
- Swim wear
- Comb/Brush
- Deodorant
- Shaving Kit & Cream
- Shampoo, Conditioner
- Toothbrush & Toothpaste
- Female Hygiene
- Jewelry/Accessories
- Makeup
- Moisturizer & Skin Care
- Hair Styling Accessories

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